

# Prescription Opioid Abuse: Challenges and Opportunities for Payers

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13<sup>th</sup> Summit Meeting  
Tufts Health Care Institute  
**Program on Opioid Risk Management**

Nathaniel Katz, MD, MS – Colonnade Hotel, Boston – June 3-4, 2010

# THCI

## Program on Opioid Risk Management

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- **March 2005-Foundations of Opioid Risk Management**
- **October 2005-Opioid Abuse Resistance**
- **September 2006-Best Practices in Opioid Risk Management**
- **November 2006-Development of Abuse Deterrent Formulations**
- **March 2007-Responding to Signals of Opioid Abuse**
- **September 2007-Understanding Types of Rx Opioid Abusers**
- **March 2008-Sources of Diverted Prescription Opioids**
- **June 2008-The Role of Urine Drug Monitoring in Pain Management**
- **November 2008-Co-ingestion of Alcohol with Prescription Opioids**
- **April 2009-Prescription Monitoring Research Update**
- **July 2009-REMS for Prescription Opioids**
- **March 2010 – Dentistry and Prescription Opioid Abuse**

# Prescription opioid abuse: Payer issues

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- Poor quality of care
  - Drug abuse
  - Pain management
- Work-related consequences
- Costs of care
- Legal liability
- Paying for drugs ingested non-medically

# Payer opportunities

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- Prescriber training
- Patient training
- Formulary policies
- Case management
- Prevention within pain management practice
- Prescription monitoring

# Meeting Objectives

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- To review the impact of prescription opioid fraud and abuse on health care payers, other payers, and their customers
- To understand payers' perspectives on these issues, and clarify facilitating factors and obstacles in payers proactively addressing these problems
- To review current knowledge about the effectiveness of payer-based approaches to addressing Rx opioid abuse
- To develop recommendations for payer-based approaches to Rx opioid abuse

# Meeting Deliverables

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- Best practices for health insurers in preventing and managing prescription opioid fraud and abuse (Breakout 1)
- Optimizing clinical care to prevent and treat Rx opioid abuse (Breakout 2)
- Impact of prescription opioid abuse on broad family of payers (Breakout 3)

# Housekeeping Notes

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- Restrooms in the back
- Your packets
- Fill out your evaluations
- Thumb drives tomorrow
- Turn on/off your microphone
- Lunch in lobby...staff will direct you
- Have fun

# Thanks!!!

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- THCI: Rosemarie Curran, Amy Rosenstein, Sarah Haile, Rosalie Phillips
- Co-Pilot: George Kenna
- Steering Committee
- Our financial supporters
- You, our participants