



## Published Curriculum Resources to Improve Care and Meet Training Requirements

THCI works with national experts to develop educational resources related to the ACGME competency requirements in the areas of **Systems-Based Practice** and **Practice-Based Learning and Improvement**. We provide a comprehensive set of ready-to-use teaching resources, and we offer workshops and consulting services to help programs understand and use THCI resources.

THCI educational resources can be used on a stand-alone basis, in connection with specific courses and workshops, or as part of a fully integrated curriculum.

### THCI Curriculum for Health Care Professionals

Based on extensive analysis of national recommendations and reports, THCI has identified five curriculum categories for effective practice: Health Care System Overview, Population-Based Care, Effective and Efficient Care, High Quality and Patient-Centered Care, and Practice Management. The categories and their associated domains and topics map to the new ACGME competencies, particularly Systems-Based Practice and Practice-Based Learning and Improvement.

#### **Curriculum Guide on Managing Care: A Systems-Based Approach**

- Describes a model rotation on managing care and provides teaching materials for 12 sessions. Modules may be taught on their own or as part of a course or rotation.
- Includes instructions and forms for engaging practices and health plans in teaching and demonstrating tools and techniques of effective care management.
- Teaching materials include objectives, slides, cases, readings, faculty notes, extensive resources and reference.

#### • Session titles

I. *Case Management*: Identifies the applications, components, and processes of case management, and describes the role of the physician.

II. *Disease Management*: Describes disease management and its components; teaches about physician involvement in disease management programs.

III. *MCO-Physician Contracting*: Explains important components of contract law that pertain to all types of contractual agreements; identifies the steps for a medical group to prepare for contracting with a health plan.

IV. *Patient Education/Health Education*: Reviews tools and techniques to help practitioners achieve desired outcomes of optimal health status for the patient and improved financial performance through cost-effective activities, including online resources.

V. *Pharmacy Management*: Identifies the drivers of pharmacy utilization and cost trends; describes programs and initiatives to manage pharmacy costs and utilization.

VI. *Population-Based Care and Patient Management*: Helps practitioners develop strategies for individual patients and groups characterized as healthy, at-risk, acutely ill, or chronically ill; discusses disease-specific care plans for groups and individuals.

VII. *Practice Management Systems and Operations*: Differentiates between fee-for-service practice and managed care practice; describes strategies, tools and techniques for successful practice management.

VIII. *Provider Performance Reports*: Describes elements of reports provided to PCPs, specialists, and provider groups; discusses how data are used to improve practice patterns.

**IX. Quality Assurance and Improvement:** Defines health care quality from the perspectives of different parties; identifies existing quality measurement systems, as well as techniques to monitor and improve quality.

**X. Referral Management:** Identifies factors that influence referral patterns and explores the relationships between primary care and specialist physicians; describes tools and techniques for referral management.

**XI. Utilization Management in the MCO:** Defines utilization management (UM), describes the components of a UM program and its various techniques, and reviews important regulatory issues.

**XII. Utilization Management in the Practice:** Describes utilization management and its key components as they apply to the practice setting and the decision-making of the individual physician.

### Preparing Physicians-In-Training to Succeed in Managing Care

- A curriculum guide designed to help program directors and other faculty integrate the principles and practices of managing care into residency training and medical school.
- Written by physicians for physicians, peer reviewed, tested, and proven in programs across the country.
- Includes instructional approaches, courseware, and cases.
- Curriculum components are available separately (see below).

#### • Module titles and descriptions:

- Evaluating, Adapting, and Using Clinical Practice Guidelines** — teaching materials for a 3-unit course on guidelines, including slides, cases, readings, and extensive references
  - Introduction to Clinical Practice Guidelines
  - Journal Club on Systematic Reviews
  - Evaluation of Clinical Practice Guidelines
- Practicing Patient-Centered Care in the Managed Care Environment** — teaching materials for a 5-unit course to teach patient-centered skills to improve disease-specific outcomes
  - Ethical Issues in the Patient-Physician Relationship
  - Making a Patient-Centered Assessment
  - Negotiating a Mutually Agreeable Plan
  - Involving the Family in Clinical Decision Making
  - Exploring Common Reasons for Physician Ineffectiveness

### Finding and Evaluating Web-based “Evidence” Using Pain Treatment as a Case Study

A 50+ page guide (plus a regularly updated disk of Internet resources) that helps practitioners learn to navigate the Internet to obtain and evaluate clinical, evidence-based guidelines for application to practice. Includes bibliography, worksheets, and disk.



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